

### Notice.

For the future, copies of the NURSING RECORD will be on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

### Comments and Replies.

*Certificated Nurse, Cheltenham.*—You should write for an application form to the Editor, NURSING DIRECTORY, 11, Adam Street, Strand, W.C. The NURSING DIRECTORY is under professional control, being issued under the authority of the Matrons' Council. To be eligible for admission to the Directory you must hold a certificate of three years' training in a General Hospital, and get your application form signed by the Matron of your training school.

*C. J.*—The Royal British Nurses' Association was founded in 1887, to raise the standard and efficiency of nursing, and the Executive Committee accorded *ex officio* seats to all the Matrons of the large general hospitals—where a three years' course of education was in force. This, of course, gave prestige to the Executive Committee. The Registration Board was also a very important body; composed of very representative medical men and Matrons, who did their work thoroughly, examining and considering in detail every application which came before them. Registration, by the present Executive Committee, is a farce, and some of its members are semi-trained, and are not, therefore, themselves qualified for registration. We are of opinion that to place your good name at the mercy of persons who have purposely deprived the members of your profession of *honourable independence* would be a serious danger, and one which no sensible woman would incur.

*Miss M. Robinson.*—Before you bind yourself to serve any institution for a definite term, you should ascertain that the training you will receive there will be such as will qualify you to obtain good appointments in the future. If not you may find that at the end of some years of nursing you may be no further towards obtaining the experience you require than when you began, and you will have to make an entirely fresh start. We should advise you to obtain the *Nursing Directory*, and study the regulations of the various training schools. It may be had from the office of the NURSING RECORD, 11, Adam Street, Strand, price 5s.

*Probationer, London.*—We should advise you to obtain the "Text-book of Anatomy and Physiology for Nurses," compiled by Miss Diana C. Kimber. It is excellently written, and clearly arranged, while the illustrations are most valuable. Miss Kimber writes from the point of view of one who has had practical experience in training probationers, and who knows what they require and can assimilate. The book is published by Macmillan & Co., in both London and New York.

*Counter Irritation.*—A mustard plaster is made by mixing 1 to 6 parts of flour or meal to one of mustard. These are rubbed thoroughly with cold water into a paste, and spread between two layers of muslin or linen of the size required. The plaster is applied for from 10 to 20 minutes, and is covered with folds of linen or absorbent wool to absorb any superfluous moisture. The skins of different persons differ very much in sensitiveness, and the rule is to remove the plaster when the skin is well reddened, and the stinging sensation acute. Delirious or unconscious patients must be especially carefully watched during the application of a mustard plaster or the skin may become blistered. After removal, the site to which a plaster has been applied should be dusted with powder and anointed with vaseline, and covered with a soft piece of muslin.

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